

Fruits & Vegetables are Seasonal and Subject to Change

Please let us know if your child has any food allergies to any of the item on the menu

1% Milk (3-5) and/or Unflavored Whole Milk (1-2y) will be served at Breakfast and Lunch. Snack where noted. Water available at every meal.

**November 16 – November 20**

*BRIGHT BEGINNINGS NYC*

	<b>MONDAY 11/16</b>	<b>TUESDAY 11/17</b>	<b>WEDNESDAY 11/18</b>	<b>THURSDAY 11/19</b>	<b>FRIDAY 11/20</b>	
<b>L U N C H</b>	Curry Chicken Steamed Brown Rice Broccoli Apples	Yogurt Whole Wheat Pasta Primavera Mixed Vegetables Watermelon	Baked Chicken Breast w/ Marinara Sauce and Cheese Whole Wheat Penne Pasta String Beans Apples	Stewed Chicken Vegetable Rice Garden Salad Bananas	Cheese Pizza Carrots Apples	<b>L U N C H</b>

*AtoZ Catering House*  
*Real Food*



199-21 Murdock Avenue - Saint Albans - New York 11412

917-856-8683

[atozcateringhouse@gmail.com](mailto:atozcateringhouse@gmail.com)

[www.caterers.catering](http://www.caterers.catering)