

Fruits & Vegetables are Seasonal and Subject to Change

Please let us know if your child has any food allergies to any of the item on the menu

1% Milk (3-5) and/or Unflavored Whole Milk (1-2y) will be served at Breakfast and Lunch. Snack where noted. Water available at every meal.

**November 2, - November 6**

**BRIGHT BEGINNINGS NYC**

	MONDAY 11/2	TUESDAY 11/3	WEDNESDAY 11/4	THURSDAY 11/5	FRIDAY 11/4	
L U N C H	Rosemary Chicken Steamed Rice Mixed Vegetables Apples	Three Bean Chili Shredded Cheddar Cheese Steamed Rice (Brown) Diced Tomatoes and Cucumbers Bananas	Turkey Meatballs in Marinara Sauce Sliced Bread (WW) String Beans Watermelon	Ground Beef Soft Tortilla Wraps (WG) Romaine/Tomatoes Apples	Mac "n" Cheese Whole Grain Bread Broccoli Bananas	L U N C H

*Atoz Catering House*  
Real Food



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