

Fruits & Vegetables are Seasonal and Subject to Change

Please let us know if your child has any food allergies to any of the item on the menu

1% Milk (3-5) and/or Unflavored Whole Milk (1-2y) will be served at Breakfast and Lunch. Snack where noted. Water available at every meal.

November 9 – November 13

BRIGHT BEGINNINGS NYC

	MONDAY 11/9	TUESDAY 11/10	WEDNESDAY 11/11	THURSDAY 11/12	FRIDAY 11/13	
L U N C H	Baked Chicken Mashed Potatoes w/ Cheese Bread (WW) Watermelon	Beef Chili Con Carne Steamed Rice (Brown) Broccoli Apples	Non-Spicy Jerk Chicken Bread (WW) Mixed Vegetables Apples	Chicken Alfredo Penne Pasta (WW) String Beans Bananas	Whole Grain Cheese Pizza Carrots Bananas	L U N C H

Atoz Catering House
Real Food



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