

Fruits & Vegetables are Seasonal and Subject to Change

Please let us know if your child has any food allergies to any of the item on the menu

1% Milk (3-5) and/or Unflavored Whole Milk (1-2y) will be served at Breakfast and Lunch. Snack where noted. Water available at every meal.

**January 11 – January 15**

**BRIGHT BEGINNINGS NYC**

	<b>MONDAY 1/11</b>	<b>TUESDAY 1/12</b>	<b>WEDNESDAY 1/13</b>	<b>THURSDAY 1/14</b>	<b>FRIDAY 1/15</b>	
<b>L U N C H</b>	Baked Chicken Mashed Potatoes w/ Cheese Whole Wheat Bread Bananas	Beef Chili Con Carne Steamed Rice (Brown) Broccoli Apples	Non-Spicy Jerk Chicken Rice and Peas Mixed Vegetables Fruit Cups	Chicken Alfredo Penne Pasta (WW) String Beans Bananas	Mac "n" Cheese Whole Wheat Bread Mixed Vegetables Bananas	<b>L U N C H</b>

*Atoz Catering House*  
Real Food



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