

Fruits & Vegetables are Seasonal and Subject to Change

Please let us know if your child has any food allergies to any of the item on the menu

1% Milk (3-5) and/or Unflavored Whole Milk (1-2y) will be served at Breakfast and Lunch. Snack where noted. Water available at every meal.

**January 18 – January 22**

*BRIGHT BEGINNINGS NYC*

	MONDAY 1/18	TUESDAY 1/19	WEDNESDAY 1/20	THURSDAY 1/21	FRIDAY 1/22	
L U N C H	Martin Luther King Holiday	Curry Chicken Steamed Brown Rice Broccoli Apples	Baked Chicken Breast w/ Marinara Sauce and Cheese Whole Wheat Penne Pasta String Beans Fruit Cups	Stewed Chicken in Tomato Sauce Steamed Brown Rice Mixed Vegetables Bananas	Cheese Pizza Carrots Apples	L U N C H

*AtoZ Catering House*  
*Real Food*



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