

Fruits & Vegetables are Seasonal and Subject to Change

Please let us know if your child has any food allergies to any of the item on the menu

1% Milk (3-5) and/or Unflavored Whole Milk (1-2y) will be served at Breakfast and Lunch. Snack where noted. Water available at every meal.

January 4 – January 8

BRIGHT BEGINNINGS NYC

	MONDAY 1/4	TUESDAY 1/5	WEDNESDAY 1/6	THURSDAY 1/7	FRIDAY 1/8	
L U N C H	Rosemary Chicken Steamed Rice Mixed Vegetables Apples	Bean Chili Steamed Rice (Brown) Diced Tomatoes and Cucumbers Bananas	Chicken Nuggets Whole wheat Pasta String Beans Applesauce	Ground Beef Soft Tortilla Wraps (WG) Romaine/Tomatoes Apples	Mac "n" Cheese Whole Wheat Bread Broccoli Bananas	L U N C H

AtoZ Catering House
Real Food



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