

Atoz Catering House
Real Food



Fruits & Vegetables are Seasonal and will change accordingly
Please let us know if your child has any food allergies to any of the item on the menu

Low Fat 1% Unflavored Milk (3-5) and Unflavored Whole Milk (1-2y) will be served at Lunch. Water available.

BRIGHT BEGINNINGS NYC - WEEK 1

	MONDAY 2/1	TUESDAY 2/2	WEDNESDAY 2/3	THURSDAY 2/4	FRIDAY 2/5	
L U N C H	Rosemary Chicken Steamed Rice (Brown) Mixed Vegetables Applesauce	Ground Beef Penne Pasta (WW) w/ Marinara Sauce Broccoli Bananas	Brown Stew Chicken Egg Noodles Bread (WW) String Beans Apples	Ground Turkey w/ Marinara Sauce Mashed Potatoes Mixed Vegetables Bread (WW) Applesauce	Baked Chicken Mac "n" Cheese Bread (WW) Mixed Vegetable Bananas	L U N C H

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www.caterers.catering