



Fruits & Vegetables are Seasonal and will change accordingly
 Please let us know if your child has any food allergies to any of the item on the menu
 Low Fat 1% Unflavored Milk (3-5) and Unflavored Whole Milk (1-2y) will be served at Lunch. Water available at meal.

BRIGHT BEGINNINGS NYC - WEEK 2

	MONDAY 2/8	TUESDAY 2/9	WEDNESDAY 2/10	THURSDAY 2/11	FRIDAY 2/12	
L U N C H	Curry Chicken Steamed Rice (Brown) Broccoli Applesauce	Chili Con Carne Steamed Rice (Brown) Mixed Vegetables Apples	Chicken Alfredo Penne Pasta (WW) Carrots and Broccoli Bananas	Sautéed Ground Beef Soft Tortilla (WG) String Beans Apples	Cheese Pizza (WW) Garden Salad Bananas	L U N C H

199-21 Murdock Avenue - Saint Albans - New York 11412
 917-856-8683

atozcateringhouse@gmail.com
www.caterers.catering