

AtoZ Catering House
Real Food



Fruits & Vegetables are Seasonal and will change accordingly

Please let us know if your child has any food allergies to any of the item on the menu

Low Fat 1% Unflavored Milk (3-5) and Unflavored Whole Milk (1-2y) will be served at Lunch. Water available at meal.

BRIGHT BEGGININGS NYC - WEEK 3

	MONDAY 3/15	TUESDAY 3/16	WEDNESDAY 3/17	THURSDAY 3/18	FRIDAY 3/19	
L U N C H	Beef Chili Steamed Yellow Rice Garden Salad Applesauce	BBQ Chicken Steamed Rice (Brown) Carrots and Cauliflower Apples	Baked Chicken Breast w/ Marinara Sauce and Cheese Whole Wheat Penne Pasta Mixed Vegetables Bananas	Stewed Chicken Vegetable Rice (Brown) String Beans Apples	Deli Turkey w/ Cheese Bread (WW) Pickles Applesauce	L U N C H

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www.caterers.catering