

*AtoZ Catering House*  
Real Food



Fruits & Vegetables are Seasonal and will change accordingly

Please let us know if your child has any food allergies to any of the item on the menu

Low Fat 1% Unflavored Milk (3-5) and Unflavored Whole Milk (1-2y) will be served at Lunch. Water available at meal.

**BRIGHT BEGGININGS NYC - WEEK 3**

	<b>MONDAY 5/17</b>	<b>TUESDAY 5/18</b>	<b>WEDNESDAY 5/19</b>	<b>THURSDAY 5/20</b>	<b>FRIDAY 5/21</b>	
<b>L U N C H</b>	Beef Chili Steamed Yellow Rice Garden Salad Applesauce	BBQ Chicken Steamed Rice (Brown) Carrots and Cauliflower Apples	Baked Chicken Breast w/ Marinara Sauce and Cheese Whole Wheat Penne Pasta Mixed Vegetables Bananas	Stewed Chicken Vegetable Rice (Brown) String Beans Apples	Deli Turkey w/ Cheese Bread (WW) Pickles Applesauce	<b>L U N C H</b>

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