

AtoZ Catering House
Real Food



Fruits & Vegetables are Seasonal and will change accordingly

Please let us know if your child has any food allergies to any of the item on the menu

Low Fat 1% Unflavored Milk (3-5) and Unflavored Whole Milk (1-2y) will be served at Breakfast and Lunch. Water available at every meal.

BRIGHT BEGINNINGS - WEEK 4

	MONDAY 7/19	TUESDAY 7/20	WEDNESDAY 7/21	THURSDAY 7/22	FRIDAY 7/23	
L U N C H	Sautéed Ground Beef Penne Pasta (WW) w/ Marinara Sauce Broccoli Apples	Jerk Chicken Steamed Rice (Brown) String Beans Watermelon	Sautéed Ground Turkey Sliced Bread (WW) Egg Noodles Mixed Vegetables Oranges	Brown Stewed Chicken Steamed Rice (Brown) String Beans Peaches	Whole Grain Cheese Pizza Garden Salad Bananas	L U N C H

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www.caterers.catering