

AtoZ Catering House
Real Food



Fruits & Vegetables are Seasonal and will change accordingly

Please let us know if your child has any food allergies to any of the item on the menu

Low Fat 1% Unflavored Milk (3-5) and Unflavored Whole Milk (1-2y) will be served at Breakfast and Lunch. Water available at every meal.

Bright Beginnings Week 5

| | MONDAY 9/27 | TUESDAY 9/28 | WEDNESDAY 9/29 | 9/30 | |
|-----------------------|---|--|---|---|-----------------------|
| L U N C H | Chicken Nuggets Mac "N" Cheese Garden Salad Watermelon WW Bread | Sauteed Ground Beef Pasta w/ Marinara Sauce Broccoli Cantaloupe | Fried Rice w/ Chicken & Mixed Vegetables String Beans Yogurt WW Bread Bananas | Brown Stew Chicken Steamed Rice (BR) Garden Salad Apples | L U N C H |

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www.caterers.catering