

Atoz Catering House
Real Food



Fruits & Vegetables are Seasonal and will change accordingly

Please let us know if your child has any food allergies to any of the item on the menu

Low Fat 1% Unflavored Milk (3-5) and Unflavored Whole Milk (1-2y) will be served at Breakfast and Lunch and Snack where noted.

Water should be available at every meal.

Bright Beginnings - WEEK 2

	MONDAY 9/6	TUESDAY 9/7	WEDNESDAY 9/8	THURSDAY 9/9	FRIDAY 9/10	
L U N C H		Curry Chicken Steamed Rice Garden Salad Watermelon	Ground Beef Pasta (WW) w/ Marinara Sauce Sliced Cucumbers Bananas	Chicken Alfredo Penne Pasta (WW) Garden Salad Mixed Fruits Cups	Deli Sliced Turkey and Sliced Cheese Bread (WW) Garden Salad Apples	L U N C H

199-21 Murdock Avenue - Saint Albans - New York 11412
917-856-8683

atozcateringhouse@gmail.com

www.caterers.catering