



Dear Bright Beginnings NYC Parents,

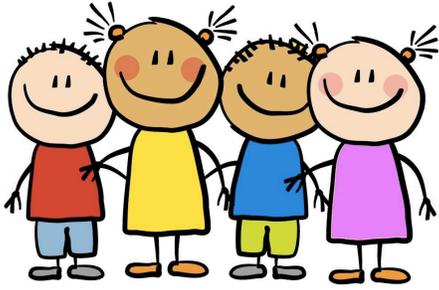
September has been quite the busy month here at the preschool! The school year is in full swing, and the kiddos have loved learning about themselves and their classmates during our *All About Me* month. Our After-school Program has also taken off seamlessly and we love being able to see all of our pre-k friends growing and developing at their new schools! Before we head into October, let's take a look back at all of our favorite things from September.



Preschool

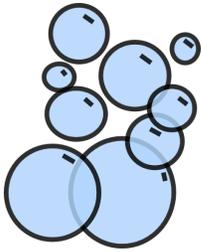
September has been a month filled with so much self-discovery and fun! The Friends have loved learning about the things that make us unique and celebrating our differences. The Big Friends started the month by discovering more about their preschool community through taking a school tour and decorating cards for our new classmates! The Friends also studied their facial features by creating





self portraits and charting their hair and eye color. The Big Friends ended our *All About Me* theme by discovering our 5 senses with the Smell Science Experiment (vinegar was our least favorite smell!). Adding to our theme exploration, the Big Friends began trekking through the alphabet starting with the letters A, B, and C! A few highlights from our letter studies included the A is for Animal Scavenger Hunt, B is for Big and Little Size Sort, and C is for Caterpillar Name Spelling. Fantastic work Big Friends!

The Little Friends had just as much fun as the Big Friends throughout September! To start the month, the Little Friends first reviewed our magic manners and classroom messages by practicing keeping our bodies gentle during our calm body Yoga activity. The Friends also loved our sensorial based self portrait IDs activity and name spelling with school bus clipart, with teacher help of course! The Friends wrapped up *All About Me* month by exploring each other's families with our family collages. Along with



learning more about ourselves, the Little Friends also began our letter studies with the letters A and B! Some of our favorite letter activities this month have been our A is for Apple stamping craft, creating our own unique alien friends with our A is for Shape Alien Collage, and erupting bubbles from a jar with our B is for Bubble Tower science experiment. Great work Little Friends!

Looking on to October we're excited to announce the new theme *Seasons!* The students have enjoyed our outdoor play and nature walks over the last few months. We have had many an afternoon discussing the nature outside and most recently how the leaves will be changing colors soon too. We're quite excited for this theme and can't wait to jump into the different seasons, the weather that accompanies them, and all the fun fall, winter, spring, and summer fun!



Afterschool

Our After-school Program has had a very exciting first month! Our After-schoolers have loved reconnecting with new and old friends and recounting all of the highlights from their busy days. Some of our favorite activities for September included exploring temperature with our Underwater Volcano science experiment, jamming out to our favorite songs during musical chairs, creating our lovely fall apple tree, and unwinding after an engaging week of fun and learning with yoga. Awesome work After-school!





Housekeeping

There are quite the number of exciting housekeeping items to discuss for the upcoming month! If you've read our special edition *Welcome Back* newsletter to the parents at the start of the school year you may have an idea of what we have in store!



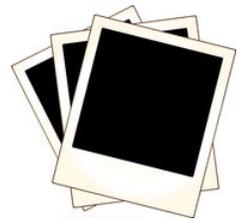
Firstly, we are switching our caterers for the 2021-2022 school year. We have quite happily decided to move forward with our very own *Squires Catering* for this year. Not only are they a pillar in our community with a stellar reputation of over 15+ years, but have strongly supported us in every which way since our program's commencement. They help take care of our staff and kiddos when need



be, and we're so happy to work in partnership with them. The level and quality of their food is fantastic, meals can and will be very freshly made just hours before serving, and the students always gobble up anything with the Squires name on it. In addition all health and safety standards are being maintained as well regarding our nut free policy. Squires is aware of this and have confirmed no cross-contamination, etc. We are quite thrilled about this and hope to create a long lasting catering relationship with our neighbors!



The next item we are introducing to the preschool program is our **Weekly Scoop!** This was touched upon slightly in our previous newsletters and will be a weekly photo roundup of the week's highlights and bloopers. It is meant to be fun and free spirited! We hope to bring some extra joy and giggles to our families at the end of the week through these funny moments. However, should you not want your child to participate please let us know. We will add the template in the newsletter email for parents to reference.



The next item we are bringing back... finally... is our **parent workshops!!** South Bridge Management have very generously permitted us to use the community room at least once a month for our parent gatherings. Our parent workshops are meeting based and offered to all enrolled preschool parents. We do require a minimum of 8 parents to attend in order to host the workshops. Themes are all based on parent suggestions such as potty training, bedtime routine, managing picky eating habits, etc. We are hoping to host the parent workshops every 2nd Tuesday of each month post preschool dismissal at 5:30pm. Time and date are tentative and will be confirmed once management agrees :). Should this go well, we would love to establish our mommy groups and daddy groups soon after!!

**PARENT
WORKSHOPS**



Our next parent activity being brought back is something we had initially created and hosted during our virtual learning days but have decided it may be a fun positive thing for parents this year as well. We are bringing back our **parent office hours!** If you can remember, this will be just like the college

office hours we all had. A google document will be created for you to sign up weekly should you have a question, comment, idea, or just want to chat! Office hours will be held from 12pm-1pm on Thursdays. Hopefully the lunch period time is agreeable to most! Again, these are completely optional as are the workshops but are being instituted should parents need. Parent office hours will begin Thursday, October 14th!



We do have a lot of calendar events going on in the month of October as well!

On Friday, October 8th we will be hosting our optional Fall Virtual Parent Teacher Conferences. This will be a regular day for part-time students, and an early dismissal for full-time students (12:45pm). This is a **NON-ATTENDANCE** day for our after schoolers as all teachers will be in conferences. Conferences are 10 minutes in length and sign ups have been emailed out. We are closing the sign up sheet by Wednesday, October 6th. Please make arrangements for early pick ups.



Next, we will be having our Fall Professional Development day on Friday, October 22nd. This is a full day staff development. This will be a **NON-ATTENDANCE** day for preschoolers and after schoolers.

Lastly, we will be having our annual halloween party on Friday, October 29th. Unfortunately parents will not be able to attend this year but all teachers will be on bightheels for all the wonderful festive halloween fun. Students are invited to come in costume. Please review the attire directions below:

Halloween Dress-up Directions:

1. Students costumes must allow them to use the bathroom or be diapered easily.
2. Students must be able to move around in their costumes comfortably including playground time or downstairs gym time.
3. Students should only be bringing/wearing items they can keep track of.



Bracelets and rings have proven tricky in the past and have been misplaced.

4. Student should still have appropriate footwear.
5. Students may not bring weapons of any choice or anything resembling something unsafe. This includes guns, lasers, swords, knives, sticks, light sabers, etc.
6. Masks will still be required.

After school students are also welcome to come in costume! Please note that they need to be able to carry anything extra as the teachers will not be able to hold everyone's items on the walk back. If there is something too big or awkwardly shaped, it will need to be left at their school or at home. All accessories must be able to be managed by the students.



Calendar Dates:

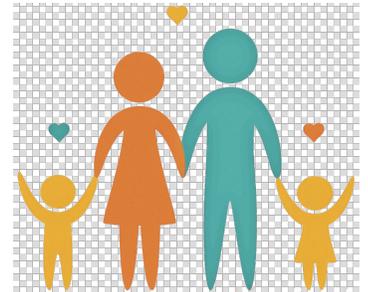
Friday, October 8th: Virtual Parent Teacher Conferences; Half Day for Full-time Students, After School Closed.

Thursday, October 14th: Virtual Parent Office Hours Begin

Friday, October 22nd: Fall Professional Development; Non-Attendance Day for Preschoolers and After Schoolers.

Friday, October 29th: Halloween Party at Bright Beginnings!

We are quite excited for all the new parent activities to begin and are really hoping to strengthen our parent community again post pandemic! Of course as soon as DOH permits and we feel comfortable resuming all in person events we will be sure to update you. Some of the newer items to get excited for and we are keeping on the horizon are the mommy groups, daddy groups, blog creation, fundraisers, parent mixers, and more! Stay tuned!



As always, please feel free to email us should you have any questions, comments, or ideas!

Sincerely,
Bright Beginnings NYC Staff

