Bright Beginnings NYC
80 Beekman St., NYC 10038 www.brightbeginningsnyc.com (347) 948-7130

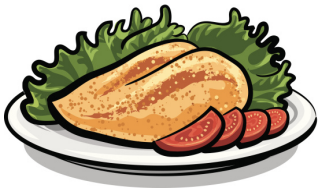
Bright Beginnings NYC - Lunch Menu! *Squires Catering*

All lunches are served with freshly diced fruit and a serving of 1% milk unless otherwise specified.
Lunch Menu: Menu alternates between Week 1 and Week 2 Options. All meals contain a protein, vegetable, carbohydrate, fruit, and dairy serving as per Bright Beginnings and DOH requirements.
Bright Beginnings NYC may make changes from time to time to incorporate seasonal or limited time holiday items.

Mondays Week 1: Grilled Seasoned White Turkey Breast with sautéed Spinach and White Rice.

Mondays Week 2: BBQ Grilled Chicken Breast seasoned with spices and accompanied with sautéed Spinach and White Rice.

Tuesdays Week1/2: Freshly made Pasta mixed with diced Broccoli, sautéed with garlic, and Grilled Chicken added.



Wednesdays Week 1: BBQ Grilled Chicken Breast seasoned with spices and accompanied by Corn and White Rice

Wednesdays Week 2: Grilled Seasoned Chicken Breast accompanied by Corn and white Rice.

Thursdays Week 1: Spaghetti with Meatballs accompanied by sweet Carrots

Thursdays Week 2: Spaghetti and Meat Sauce accompanied by sweet Carrots

Finger Food Fun Fridays! Week 1: Oven Baked Pita Pizza with tossed Garden Salad

Finger Food Fun Fridays! Week 2: Grilled Chicken Quesadilla with tossed Garden Salad

All lunches are made fresh daily!